

Weight Converter



personal touch fitness

kg	lbs	Stones	pounds		Kg	lbs	Stones	pounds		kg	lbs	Stones	pounds
47.2	104	7	6		73.9	163	11	9		100.7	222	15	12
47.6	105	7	7		74.4	164	11	10		101.2	223	15	13
48.1	106	7	8		74.8	165	11	11		101.6	224	16	0
48.5	107	7	9		75.3	166	11	12		102.1	225	16	1
49.0	108	7	10		75.7	167	11	13		102.5	226	16	2
49.4	109	7	11		76.2	168	12	0		103.0	227	16	3
49.9	110	7	12		76.7	169	12	1		103.4	228	16	4
50.3	111	7	13		77.1	170	12	2		103.9	229	16	5
50.8	112	8	0		77.6	171	12	3		104.3	230	16	6
51.3	113	8	1		78.0	172	12	4		104.8	231	16	7
51.7	114	8	2		78.5	173	12	5		105.2	232	16	8
52.2	115	8	3		78.9	174	12	6		105.7	233	16	9
52.6	116	8	4		79.4	175	12	7		106.1	234	16	10
53.1	117	8	5		79.8	176	12	8		106.6	235	16	11
53.5	118	8	6		80.3	177	12	9		107.0	236	16	12
54.0	119	8	7		80.7	178	12	10		107.5	237	16	13
54.4	120	8	8		81.2	179	12	11		108.0	238	17	0
54.9	121	8	9		81.6	180	12	12		108.4	239	17	1
55.3	122	8	10		82.1	181	12	13		108.9	240	17	2
55.8	123	8	11		82.6	182	13	0		109.3	241	17	3
56.2	124	8	12		83.0	183	13	1		109.8	242	17	4
56.7	125	8	13		83.5	184	13	2		110.2	243	17	5
57.2	126	9	0		83.9	185	13	3		110.7	244	17	6
57.6	127	9	1		84.4	186	13	4		111.1	245	17	7
58.1	128	9	2		84.8	187	13	5		111.6	246	17	8
58.5	129	9	3		85.3	188	13	6		112.0	247	17	9
59.0	130	9	4		85.7	189	13	7		112.5	248	17	10
59.4	131	9	5		86.2	190	13	8		112.9	249	17	11
59.9	132	9	6		86.6	191	13	9		113.4	250	17	12
60.3	133	9	7		87.1	192	13	10		113.9	251	17	13
60.8	134	9	8		87.5	193	13	11		114.3	252	18	0
61.2	135	9	9		88.0	194	13	12		114.8	253	18	1
61.7	136	9	10		88.4	195	13	13		115.2	254	18	2
62.1	137	9	11		88.9	196	14	0		115.7	255	18	3
62.6	138	9	12		89.4	197	14	1		116.1	256	18	4
63.0	139	9	13		89.8	198	14	2		116.6	257	18	5
63.5	140	10	0		90.3	199	14	3		117.0	258	18	6
64.0	141	10	1		90.7	200	14	4		117.5	259	18	7
64.4	142	10	2		91.2	201	14	5		117.9	260	18	8
64.9	143	10	3		91.6	202	14	6		118.4	261	18	9
65.3	144	10	4		92.1	203	14	7		118.8	262	18	10
65.8	145	10	5		92.5	204	14	8		119.3	263	18	11
66.2	146	10	6		93.0	205	14	9		119.7	264	18	12
66.7	147	10	7		93.4	206	14	10		120.2	265	18	13
67.1	148	10	8		93.9	207	14	11		120.7	266	19	0
67.6	149	10	9		94.3	208	14	12		121.1	267	19	1
68.0	150	10	10		94.8	209	14	13		121.6	268	19	2
68.5	151	10	11		95.3	210	15	0		122.0	269	19	3
68.9	152	10	12		95.7	211	15	1		122.5	270	19	4
69.4	153	10	13		96.2	212	15	2		122.9	271	19	5
69.9	154	11	0		96.6	213	15	3		123.4	272	19	6
70.3	155	11	1		97.1	214	15	4		123.8	273	19	7
70.8	156	11	2		97.5	215	15	5		124.3	274	19	8
71.2	157	11	3		98.0	216	15	6		124.7	275	19	9
71.7	158	11	4		98.4	217	15	7		125.2	276	19	10
72.1	159	11	5		98.9	218	15	8		125.6	277	19	11
72.6	160	11	6		99.3	219	15	9		126.1	278	19	12
73.0	161	11	7		99.8	220	15	10		126.6	279	19	13
73.5	162	11	8		100.2	221	15	11		127.0	280	20	0